

Church of Scotland

NESS BANK

7 February 2010
at 11 am



Minister - The Rev Fiona Smith, LLB, BD
Organist - Mrs Bridget Black, A.L.C.M.

INTIMATIONS

Welcome We welcome everyone to our service this morning. A special welcome is extended to any visitors who may be worshipping with us. You are invited to sign our visitors' book and take a copy of the Ness Bank Newsletter. If you have moved to Inverness we would be very pleased to have you worship with us regularly. Please make yourself known to one of the stewards on duty, or to the minister, as you leave.

Lady Visitors Please collect the 'Life and Work' and February Newsletter from the vestibule this morning.

Haiti Earthquake Appeal

The retiring collection last Sunday, for the Haiti Appeal, raised the sum of £1548, including Gift Aid. Grateful thanks to everyone for their generous contributions.

Next Sunday, 14 February 2010

The service at 11am will be conducted by the Rev Stewart Frizzell

There will be no Sunday School/KYG

There will be Children's Church for children up to 8 years

Guild The next meeting of the Guild will be on the afternoon of Tuesday 9 February at 2pm in the Church Hall. The speaker will be Fiona Macleod from Highland Archives,. All welcome.

Guild Soup & Sandwich Lunch, in aid of our project, will be held in the Church Hall on Sunday 21st February. Tickets are on sale in the vestibule priced £3.00 each and your support would be greatly appreciated.

Kirk Session A full meeting of the Kirk Session will be held in Room 1 on Tuesday 9 February at 7.30pm. Any items for the Agenda must be with the Session Clerk by Friday 5 February 2010.

Wednesday Club Our next meeting will be held on Wednesday 10th February at 2.30pm in the Church hall. The speaker is Mr Ron Lyon who had to cancel his visit in November on health grounds. Ron will be telling us about changes which have taken place in Inverness with the latest happenings from the home Team for C.H.A.S.(The Children's Hospice Association Scotland) as well as news from both Rachel and Robin House. As has been our custom we will have a retiring collection in aid of C.H.A.S.

Highland Food Bank Many thanks to all those who contributed to the Food Bank in November. From Sunday 10th January for 4 weeks we will be collecting again ...this time we have been asked for TEA BAGS and or OAT CAKES/CREAM CRACKERS. A box will be in the vestibule for any donations. Please next Sunday, 14th February, will be the last day to receive donations

LENT STUDY GROUP

Come and walk the journey to the Cross and then to the joy of Easter with Fiona. The Minister will be leading a Lent study entitled "When I survey...Christ's Cross and Ours." Over 5 Sundays, we will explore the meaning of faith - the Cross - Christ's many issues but as honour a dead hero; we will discuss issues such as of silence in our noisy world; challenge of living as a All are welcome - do not be each week - come to the evenings which you can. Our first get together will be on Sunday 21st February at 6.30 pm in the Hall.



the defining symbol of our crucifixion gives rise to Christians we do not worship a Living Lord. We despair & hope; the place a suffering world; and the disciple of Christ today.

put off if you cannot make

Travel to China Phoebe and Timothy Xu from Oxford, rang at the start of the months to say that if any of our members are interest in going to China around Easter and Summer of 2010 and 2011, this can be arranged at very low prices – less than £1000. Anyone interested can obtain further details from Trevor Escott, Tel 239746.

Men's Health talks in Inverness Town House in 2010

Men's Health Highland is arranging a series of FREE PUBLIC talks on Friday mornings in the Town House on several aspects of Men's Health with a few different speakers each morning. These talks are open to anyone – male or female and will start at 9.30 with tea/coffee and biscuits followed by the first talk at 9.45 am then remaining talk 'til 12 – ish, with an interval in the middle for more refreshments and networking. There should be stands by different groups, including Men's Health Highland.

Dates and details as follows:

Feb 19 - Diabetes – a Doctor, Nurse, Dietician and Podiatrist.

March 5 - Arthritis, Backache, Terminal illness and Bereavement.

March 12 - Healthy Eating Strategy, Male Weight Watchers, The work of the Citizens' Advice Bureau in helping funding during illness.

April 16 - Neurological illness in Older Age, Parkinson's Disease, Multiple Sclerosis, Epilepsy, Dementia.

There will also be an evening session, in Inshes Church, on Thursday 29 April on the Work of the Ambulance in Emergencies and First Aid.

Ness Bank Prayer Group The next meeting will be on Sunday 14 February at 5 p.m. Requests for prayers should be left in the Prayer Box in the vestibule.

Church Website Ness Bank Church is online at www.nessbank.com. Our e-mail address is church@nessbank.com,

Intimations Articles for inclusion in the intimations should be with Liz Johnstone, Tel 222272; email johnstoneliz@aol.com by noon on Thursday.

The Rev Fiona E Smith LLB, BD, can be contacted on telephone 01463 234653 or e-mail fiona.denhead@btopenworld.com

If you would like more information about Ness Bank Church, would like to join our fellowship, or would like the minister to contact you, please speak to a steward as you leave

Ness Bank Church of Scotland Inverness is a registered Charity No: SC 010870